

BEEDE SWIM AND FITNESS CENTER
Fall Pool Hours of Operation (11/28/16– 1/1/17)

All pools close Mon – Fri at 8:45pm and Sat – Sun at 5:45pm unless otherwise noted

Lap Pool – The # in parenthesis indicates the **number of lanes open** for lap swim. *Please be courteous to others and circle swim if more than 2 people are in a lane.*

Shallow End - The shallow end of the lap pool is open for general use at all times, however, ½ or portions of the shallow end are reserved for programs/classes **during** all the times listed below.

Therapy Pool – The therapy pool is **closed** during the listed times for programs/classes. ½ the pool is available during times denoted by an asterisk (*). This pool is intended for adults and infants in a diaper.

Dive Well – The dive well is **closed** for member use during the times listed below. Dive well closes ½ hour before closing.

Kiddie Pool – The kiddie pool features will be turned on **Mon – Fri at 9:30am and then turned off from 12:30pm – 2:30pm, Saturday/Sunday from 7am - 11am and during times with a double asterisk under the therapy pool times.** The kiddie pool is turned off ½ hour before closing. Children must be accompanied/supervised by a parent at all times.

	Lap Pool	Shallow End	Therapy Pool	Dive Well
Monday	5:30am – 5:45am (8) 5:45am – 7:00am (4) 7:00am – 12:00pm (8) 12:00pm – 1:15pm (4) 1:15pm – 2:30pm (8) 2:30 – 4:30pm (2) 4:30pm – 7:45pm (3) 7:45pm – 8:45pm (8)	11:00am – 12:00pm 5:15pm – 6:00pm	10:00am – 10:30am* 2:15pm – 3:00pm**	1:15pm – 2:00pm 2:30pm – 4:30pm 5:30pm – 7:00pm
Tuesday	5:30am – 12:00pm (8) 12:00pm – 1:15pm (4) 1:15pm – 2:30pm (8) 2:30pm – 4:30pm (2) 4:30pm – 6:30pm (3) 6:30pm – 7:00pm (8) 7:00pm – 8:15pm (4) 8:15pm – 8:45pm (8)	12:00pm – 1:00pm 4:30pm-5:00pm	8:00am – 9:00am** 1:15pm – 2:00pm** 5:00pm – 6:00pm*	2:30pm – 4:30pm 7:00pm – 8:00pm
Wednesday	5:30am – 5:45am (8) 5:45am – 7:00am (4) 7:00am – 12:00pm (8) 12:00pm – 1:15pm (4) 1:15pm – 2:30pm (8) 2:30pm – 4:30pm (2) 4:30pm – 7:45pm (3) 7:45pm – 8:45pm (8)	9:00am – 10:00am	8:00am – 8:45am** 11:30am – 12:15pm** 1:15pm – 2:15pm*	7:00am – 8:00am 10:15am – 11:00am 2:30pm – 4:30pm 6:00pm – 7:30pm
Thursday	5:30am – 12:00pm (8) 12:00pm – 1:15pm (4) 1:15pm – 2:30pm (8) 2:30pm – 4:30pm (2) 4:30pm – 6:30pm (3) 6:30pm – 7:00pm (8) 7:00pm – 8:15pm (4) 8:15pm – 8:45pm (8)	4:15pm – 5:15pm	10:15am – 10:45am* 1:15pm – 2:00pm** 2:30pm – 3:30pm*	2:30pm – 4:30pm 5:30pm – 7:00pm 7:00pm – 8:00pm
Friday	5:30am – 5:45am (8) 5:45am – 7:00am (4) 7:00am – 2:30pm (8) 2:30pm – 4:30pm (2) 4:00pm – 4:30pm (8) 4:30pm – 6:30pm (3) 6:30pm – 8:45pm (8)	12:00pm – 1:00pm	10:15am – 11:00am**	9:00am – 10:00am 2:30pm – 4:30pm Family Fun Fridays Beginning on 10/7 6:30pm – 8:30pm (see brochure/web for info)
Saturday	7:00am - 8:15am (2) 8:15am – 11:00am (8) 11:00am – 11:45am (6) 11:45am – 1:15pm (8) 1:15pm – 2:30pm (5) 2:30pm – 5:45pm (8)	9:00am – 10:00am 12:15pm – 12:45pm	9:00am – 10:30am* 10:45am – 12:15pm*	9:00am – 12:00pm
Sunday	7:00am – 3:00pm (8) 3:00pm – 5:00pm (4) 5:00pm – 5:45pm (8)		8:30am – 9:30am**	

Revised on 10/30/16 EMM

High School Swim/Dive Practice: Starts Monday, November 28th
 →Saturday morning practices/meet schedule on reverse side

Fall Swim lessons: Ends December 10th

Fall Water Fitness/CRCW: Ends December 18th

Winter Member Registration/Fall Participants: December 5th

Winter Non-Member Registration: December 12th

Registration Deadline: December 20th

Winter Session beings: Tuesday January 3rd



SWIM MEET SCHEDULE 2016 – 2017

SEASON DATES

Otters: October 3, 2016 – March 4, 2017

CCHS: November 28, 2016 – February 17, 2017

MEET SCHEDULE			
DAY	DATE	TEAM	POOLS CLOSE
Saturday	December 3	Otters vs Revere & Swim Pro	4:00P
Tuesday	December 20	CCHS vs Newton South	3:00P ¹
Wednesday	December 21	CCHS vs Bedford	3:00P ¹
Friday	January 6	CCHS vs Wayland & Hopkinton	6:30P
Saturday	January 7	Otters vs Wayland	4:00P
Saturday	January 14	Jessica's Meet	4:00P
Friday	January 20	CCHS vs Cambridge Rindge Latin	6:30P
Saturday	January 21	Otters vs Flaherty	4:00P
Tuesday	January 24	CCHS vs Weston	3:00P ¹
Wednesday	February 1	DCL Girls Diving	2:30P ²
Thursday	February 2	DCL Boys Diving	2:30P ²
Saturday	February 11	Otters vs Thoreau	4:00P

¹ Pools reopen at 6:30P.

² Dive Well Only. Lap, Therapy and Kiddie Pools Open.

PRACTICE SCHEDULE					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY ³
CCHS 2:30-4:30P 6 Lanes Dive Well	CCHS 7:00-8:15A 6 Lanes Dive Well Shared				
Otters 4:30-7:45P 5 Lanes	Otters 4:30-6:30P 5 Lanes	Otters 4:30-7:45P 5 Lanes	Otters 4:30-6:30P 5 Lanes	Otters 4:30-6:30P 5 Lanes	

³ CCHS Saturday practices will be held 12/3, 12/10, 12/17, 12/31, 1/7

Schedules are subject to change.